IS ORTHOOK FOR THE TMJ

PRESENTED BY **DR. SUZIE BERGMAN, DDS, FTMJF**



Dr. Suzie Bergman is a TMD and orofacial pain specialist with over 30 years of clinical experience. She co-owns a private practice in Vancouver, WA, and serves as an adjunct professor at Pacific Northwest University. A published author and TEDx speaker, she advocates for integrated, whole-person care. Dr. Bergman is President-Elect of the American Association of Women Dentists and collaborates nationally on orofacial pain research and education.

This course explores the intricate relationship between orthodontics and temporomandibular joint disorders (TMD). You'll review TMJ anatomy, learn how to evaluate patients for TMD symptoms, and understand the importance of orthopedic stability in treatment planning. Through clinical insights and current research, the course addresses common myths, risk factors, and practical considerations for managing TMD in ortho patients. Discover how to improve outcomes while protecting joint health.



1.0 CES

FEE: \$80 per DDS/RDH



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COURSE TITLE: Is Ortho Ok For The TMJ COURSE DIRECTOR: David M H Lambert, DDS PRESENTER(S): Dr. Suzie Bergman, DDS, FTMJFP AUDIENCE: RDH, Dentists CONTACT HOURS: 1.0 hours of AGD PACE accredited continuing education MEDIUM: Recorded Program

COURSE OBJECTIVES

- **1. Describe** the anatomy and biomechanics of the temporomandibular joint (TMJ), including its classification as a ginglymoarthrodial joint.
- **2. Differentiate** between acute and chronic temporomandibular disorders (TMD) and identify their musculoskeletal and neuropathic components.
- **3. Recognize** clinical signs and symptoms of TMD, including joint sounds, deviations, deflections, and changes in occlusion.
- **4. Conduct** a comprehensive history and physical exam using standardized tools such as the "OLD CARTS" framework and palpation techniques.
- **5. Evaluate** when orthodontic treatment is contraindicated due to active TMD symptoms and describe steps to stabilize the joint before beginning treatment.
- 6. Apply behavioral and pharmacological strategies to manage TMD symptoms during orthodontic treatment.
- **7. Interpret** the latest research regarding the relationship between orthodontic therapy and the development, prevention, or exacerbation of TMD.
- **8. Explain** the risks of orthopedic instability, dual bites, and muscle contracture associated with functional appliances.
- **9. Develop** a treatment plan that prioritizes musculoskeletal and occlusal stability to support long-term joint health.
- **10. Differentiate** between treatment and management of TMD, and set appropriate patient expectations regarding orthodontic outcomes





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DATES & TIMES

Streamable ON DEMAND

WHAT YOU NEED TO PARTICIPATE

- A Windows or Mac PC, Apple or Android tablet or even smartphone
- Google Chrome, Mozilla Firefox, Apple Safari or MS Edge web browser
- Register for the program
- Pay your registration fee

Complete registration and pay the required fee to receive CE credit and certification for participation. Full refunds within 7 days for recorded programs; 48 hours for live webinar events.





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